



Treatment by IUI

***Information for
patients and carers***

**Fertility Clinic
Aberdeen Maternity Hospital**

When do I get treated?

Now that you have decided to go ahead with intra-uterine insemination treatment (IUI), you will probably be wondering what actually happens when you come along for your insemination.

What happens when I arrive at the Centre?

When you arrive at the centre you will report to the Day Ward on the second floor of the Maternity Hospital. You will be shown to a bed where there are facilities for you to change into a theatre gown. You will then be taken to a clinically clean room where the insemination will take place.

The semen sample will have been prepared before you arrive and you will be asked to confirm that the sample is labelled with your and /or your partner's name(s).

Your legs will then be placed gently onto supports. The treatment is similar to having a smear test and the procedure is made easier if your bladder is half full.

A speculum will be placed in your vagina to view your cervix, this may be a little uncomfortable.

The semen is in a syringe with a very fine tube attached to the end. The nurse will gently thread this tube through the cervix.

Sometimes the position of the cervix does not make the IUI straightforward and the speculum may need to be repositioned. We will advise you if this is necessary as this can cause you some discomfort. Once the tube is through the cervix the sample is gently injected in the womb.

The tube is then withdrawn and the speculum removed.

The whole procedure only takes a few minutes. There is no need to rest following your IUI.

Are there any after effects?

You may have some cramp-like discomfort which will ease soon after the procedure is complete.

You may have some slight vaginal bleeding. A panty liner will be supplied.

Remember: when you are attending for treatment feel free to ask any questions you may have.

This leaflet is also available in large print and on computer disk.

Other formats and languages can be supplied on request. Please call our Quality Development on (01224) 554149 for a copy. Ask for leaflet 0024.

Feedback from patients and carers helped us to develop this leaflet. If you have any comments or suggestions about how we can improve this leaflet, please let us know.