



You can also speak to the Fertility Clinic nursing staff who are available seven days a week.

 **(01224) 552719** 

**This leaflet is also available in large print and on computer disk.**

**Other formats and languages can be supplied on request. Please call Quality Development on (01224) 554149 for a copy. Ask for leaflet 0856.**

Feedback from patients and carers helped us to develop this leaflet. If you have any comments or suggestions about how we can improve this leaflet, please let us know.

Fertility and Endocrine Clinic  
Aberdeen Maternity Hospital  
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# ***Reversal of sterilisation***

***Information for  
patients and carers***

**Fertility and Endocrine Clinic  
Aberdeen Maternity Hospital**

Before considering reversal of sterilisation, both you and your partner will need to attend the Fertility Clinic for some fertility investigations. It may be decided that reversal of sterilisation may not be possible or feasible in some individual cases.

Here are some facts you should know about reversal of sterilisation.

### ***Before the operation***

- Before the operation you and your partner must have some simple tests.
  - For the woman, this involves blood tests to prove ovulation.
  - For the man, it will be necessary to check two semen samples.
- You should take 400mcg (micrograms) of folic acid every day if you are considering pregnancy.
- This operation is easier to do if you are not overweight. You may need to lose weight before you can be offered surgery.
- This is a major operation that may take about 1½ hours.
- You will have a fairly large wound along the bikini line on your stomach.
- Waiting time for the operation is three to four months.

- The doctor may discuss IVF as an option.

### ***After the operation***

- You may be in hospital for three to five days after your operation.
- You may be off work for up to eight weeks.
- Pregnancy rates after these operations are at best 50%.
- You may try for a pregnancy as soon as you feel able.
- Pregnancy rates are highest in the first year after this operation.
- If you become pregnant after tubal surgery, you are at a higher risk of ectopic pregnancy. This would involve another major operation for removal of your tube and your pregnancy.
- If you think you may be pregnant, contact the Fertility Clinic quickly to arrange a scan.

Your doctor at the Fertility Clinic will discuss all of these things with you. Ask him or her about any worries or things that you do not understand.

Please note that at the moment, NHS Grampian does not fund reversal of sterilisation.