

Useful Support Resources

Below are some websites and useful resources covering the broad subject of fertility:

HFEA www.hfea.gov.uk

The UK regulatory body for all fertility centres. This website provides free, clear and impartial information on UK fertility clinics, IVF and other types of fertility treatment and donation.

Fertility Network UK www.fertilitynetworkuk.org

A national charity providing a number of support groups to help people share their story and seek advice from others who are trying to conceive. FNUK also runs regular webinars on a range of topics, a support line (0121 323 5025) and a number of downloadable free fact sheets containing expert advice on fertility.

Fertility Friends www.fertilityfriends.co.uk

A free membership community with members at every stage – infertility, adoption, parenting after infertility

Donor Conception Network www.dcnetwork.org

A supportive network of more than 2,000 mainly UK based families with a child/ren conceived with donor sperm, eggs or embryos; those considering or under-going donor conception procedures and donor conceived people.

SEED Trust www.seedtrust.org.uk

Impartial advice, support and information to prospective donors, intended parents and surrogates.

National Gamete Donation Trust www.bionews.org.uk

A UK charity raising awareness of and seeking ways to alleviate the shortage of gamete donors. Provides support and information to donors and recipients of donated eggs, sperm and embryos.

We Are Donor Conceived www.wearedonorconceived.com

A resource centre for donor conceived people around the world.

Saying Goodbye www.sayinggoodbye.org

A charity offering support for anyone who has suffered the loss of a baby during pregnancy, at birth or infancy.

SANDS www.sands.org.uk

Support for stillbirth and neonatal death through a free national helpline, bereavement support app for parents, families and carers; a UK network of support groups with befrienders, an on-line forum to help those affected by still birth or neonatal death to connect with others and other resources available on-line and in print

The Dovecote www.thedovecoteorg.worldpress.com

“Enabling and inspiring people facing involuntary childlessness to reconnect with their daily lives and rediscover a passion and purpose”

Tommy's www.tommys.org

Support for parents and families who lose a baby, experience premature birth and to help with a healthy pregnancy

Miscarriage Association www.miscarriageassociation.org.uk

Helpline, on-line and other resources to support people affected by miscarriage

Gateway Women www.gateway-women.com

A global friendship and support network for childless women due to infertility or circumstances

Men's Health Forum www.menshealthforum.org.uk

A charity providing support and information around men's health

The Mens Fertility Forum www.mensfe.net

Support and information around male fertility

HIM Fertility Campaign www.himfertility.com

Started by the comedian and presenter, Rhod Gilbert, this forum provides information and support for men experiencing fertility issues

The Ectopic Pregnancy Trust www.ectopic.org.uk

Offers support to those affected by an early pregnancy complication, discussion forums, a helpline and treatment leaflets

Antenatal Results and Choices www.arc-uk.org

Support for parents through antenatal screening. Offers a helpline, a forum and information on tests

Endometriosis Society www.endometriosis-uk.org

Information and support to those affected by this condition.

Polycystic ovary Syndrome www.verity-pcos.org.uk

Information and support for those affected by this condition.

Surrogacy UK www.surrogacyuk.org

The Morgan Centre for research into Everyday Lives (Manchester)

www.socialsciences.manchester.ac.uk

A centre for excellence for research in the fields of life and relationships – a research theme is being and egg or sperm donor. Leaflets and videos are available to explore research findings. Please see book reference below (Dr Petra Nordqvist). Dr Nordqvist is the Co-Director of the Centre.

Myivfanswers.com (Stronger Together) www.myivfanswers.com

A library of webinars covering a host of information and opinion from experts on IVF and related topics.

BOOKS:

***Relative Strangers*, by Dr Petra Nordqvist**

***The Pursuit of Motherhood*, by Jessica Hepburn**

***Rocking the Life Unexpected*, by Jody Day**

***Surrogate Motherhood Families*, by Olga van den Akker**